

The East Brunswick Senior Center  
cordially invites you to:

# POETRY FRIDAYS

## with Shelley



Returning  
Friday, September 23rd  
1:00 – 2:30 PM  
Room A

Join us as we engage in lively discussion with master poets past and present, and explore what makes poetry *poetry*. NJSCA teaching artist/poet Shelley Benaroya will show you how easy it is to craft a new and surprising poem each time we meet, even if you've never written a poem before. This fall, awaken the creative spark that lives inside you.

**September 23<sup>rd</sup>, 2022:**  
*Poetry as Catharsis in an Uncertain World*  
Save-the-date for this upcoming workshop:  
Friday, December 9<sup>th</sup>

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Image: *The Dialogue Between Painting and Poetry* by Sonia Delaunay, courtesy <http://visionsofthecity.com/Delaunay.htm>